



Fundamentals of Football and Introduction to Contact

Fundamentals of Football: Camp will be a half day of non-contact football instruction on the essentials for playing the game. The sessions will run from 8:30 a.m.- 12:30 p.m. Campers should bring sneakers/cleats, mouth guard, snack and water bottle. Open to kids entering grades 2-6.

Introduction to Contact: Not just for beginners...evening sessions of instruction on the nuts and bolts of playing tackle football. The camp will run from 6:00 p.m.- 9:00 p.m. Campers should bring cleats, mouth guard, all appropriate gear for contact football, snack and, water bottle. Open to kids entering grades 3-6.

Date: Monday 7/20/2009- Friday 7/24/2009

Place: West Albany Pocket Park

Exchange Street Albany, NY 12205

Cost: \$85.00 (Fundamentals) \$155.00 (Intro to Contact)

Each camper will receive a Silver Fox Sports T-Shirt

****PLEASE FILL OUT AND SEND IN THIS FORM BY JULY 13th****

Please make checks payable to Terrence Farrell 25 Lockrow Blvd. Albany, NY 12205. Email any questions to: tfoxll@aol.com or call: 542-2244.

Participant Name:	Phone (H):	(W):
Address:	DOB: / /	Age:
City:	State:	Zip:
Grade:	() Male () Female	
Parent Phone (day /eve): ()-	() Fundamentals of Football	
Mother/Guardian Name:	() Introduction to Contact	
Father/Guardian Name:	Special Medical Consideration(s):	
E-mail Address:		
Parent/Guardian Signature:		